



OFFICIAL ENTRY FORM



Sunday 15th April 2012, 10am

Race start: Lymm High School, Oughtrington Lane, Lymm, Cheshire, WA13 0RB

Also incorporating the Lymm.com Mile Fun Run, 9.15am. On day entries accepted, limited parking
Run under UKA rules – Licence number 2012-103240 – 10K Minimum age 15 years – Fun Run any age

Prizes for overall finishers M/F: 1st £150 – 2nd £100 – 3rd £50.

Male V40, V50 & V60 and Female V35, V45 & V55 prizes: 1st £40 – 2nd £20 – 3rd £10

Team prize (4 men or 4 women) 1st prize £100 per team. Only one individual prize (excluding team event).

T-Shirt and Goody Bag for all finishers – VISIT lymm.com/10K/home.aspx for more details!

Entry Fees - £18 affiliated, £20 unaffiliated – Fun Run £2

Cheques payable to Lymm.com, please remember to include an A5 stamped addressed envelope

Send entries to: Lymm.com 10K, Flat 3, Thirlmere Lodge, Rectory Lane, Lymm, WA13 0AQ

Closing date for postal entries 8th April 2012 – entries accepted on the day: £20 affiliated, £22 unaffiliated

Enquiries: 07790 349101 or 01925 752605 or 10K@lymm.com or visit <http://lymm.com/10k/home.aspx>



Lymm.com 10K – Entry Form

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| Name: | | Team (if applicable, for entry into the team event): | |
| Gender: | Age on Race Day: | Date of Birth: | |
| Affiliated Club (if any): | | UKA No: | |
| Address: | | | |
| Phone Number: | Email (required): | 10K or Mile Fun Run: | |
| I declare that I am an amateur as defined by the UKA rules. I am medically fit to take part and I accept that the organisers will not be held responsible for any loss, damage, illness or injury sustained as a result of taking part in the race. A parent or guardian to sign if the runner is under 18. | | | |
| Signed: | Date: | Fee Enclosed: £ | |

Please remember your stamped, addressed A5 envelope or you will have to pick-up your race number on the day